



PHSCE Curriculum Overview



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Responsibilities	Being My Best	Changing and Growing
Year 1/2	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Responsibilities	Being My Best	Changing and Growing
Year 3/4	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Responsibilities	Being My Best	Changing and Growing
Year 5/6	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Responsibilities	Being My Best	Changing and Growing

EYFS

Children in EYFS will be learning to:

- See themselves as a valuable individual
- Build constructive and respectful relationships
- Express their feelings and consider the feelings of others
- Show resilience and perseverance in the face of a challenge
- Identify and moderate their own feelings socially and emotionally
- Think about the perspective of others
- Manage their own needs in regards to personal hygiene
- Know and talk about the different factors that support overall health and wellbeing:
 - Regular physical activity
 - Healthy eating
 - Tooth brushing
 - Sensible amounts of 'screen time'
 - Having a good sleep routine
 - Being a safe pedestrian
- Recognise that people have different beliefs and celebrate special times in different ways

Aspiration - Resilience - Community